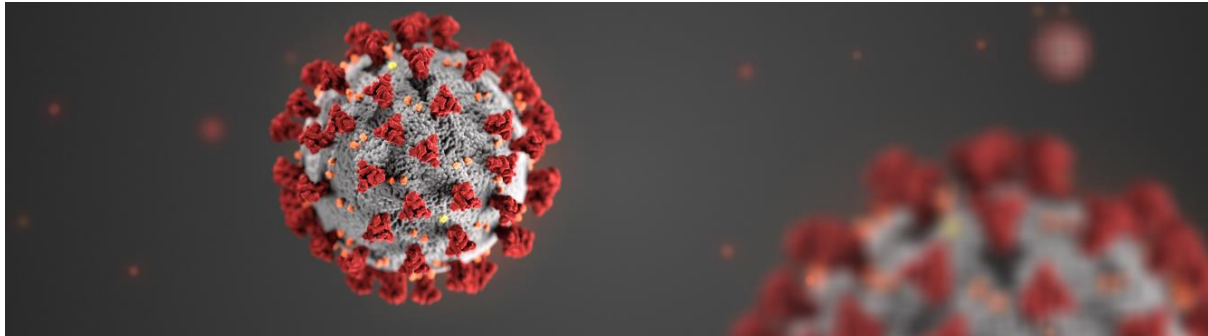


COVID 19 and support for domestic abuse.



Free confidential online help and advice

Derbyshire Domestic Abuse Helpline

Helpline number: **08000 198 668**

Text Service: **07534 617252**

Email: derbyshiredahelpline@theelmfoundation.org.uk

Useful National Websites:

www.womensaid.org.uk created a covid 19 safety pack for victims, offer an online chat service between 10 -12pm daily

www.refuge.org.uk – also run the national helpline: **08082000247**

www.mankind.org.uk supporting male victims

<https://loverespect.co.uk/> - created for younger victims by Women's aid

<https://respect.uk.net/> - charity supporting perpetrators to stop their abusive behaviour

- COVID19 is already having a devastating impact on victims of domestic abuse, services are running differently but support is there!
- Do not suffer alone, seek help and support via the above options.
- Look out for neighbours and friends.
- If in immediate danger call the police on **999**